



PAM Assist Wellbeing App

Follow the simple steps opposite to download the **PAM Assist Wellbeing App**



5 Simple Steps

- 1 Go to pam-assist.co.uk
- 2 Insert your organisational code **uniofworc1**
- 3 Create your login account details using your **work email address** and use a secure password
- 4 **Validate** your account via the notification email
- 5 **Login** using the email address and password created when registering