

Careers sessions within the curriculum

Below is a menu of sessions which could be delivered within your module by a careers adviser. Session lengths are a guide, and it may be possible to combine some sessions. Please contact your [link careers adviser](#) for further information and to discuss their availability.

Level 4/Year 1

Session	Session length
Introduction to Careers & Employability & making the most of your time at university	15 minutes

Level 5/Year 2

Session	Session length
Introduction to/refresher on Careers & Employability	15 minutes
Skills & options with your course	1 hour
CVs & applications	1 hour
Graduate recruitment process	1 hour

Level 6/Year 3

Session	Session length
Refresher on Careers & Employability & what next	30 minutes
Graduate recruitment process	1 hour
Skills & options with your course	1 hour
CVs & applications	1 hour
Interview preparation	1 hour
Interview preparation and practice	2 hours
*Job applications and interviews for professional courses (NHS/Teaching)	Various

Students and graduates can also independently book onto one of our employability workshops via [myCareer](#). These 1-hour workshops are offered online and in person during lunchtimes and evenings, and topics include:

- CVs
- graduate jobs
- job interviews
- LinkedIn
- part time jobs
- postgraduate study

Students and graduates can also access advice and guidance and a range of employability tools (including a Career Planner, CV Builder, Skills Audit, practice interviews & psychometric tests) and search for jobs via [myCareer](#).

If you have not already registered for a staff account on [myCareer](#) please contact careers@worc.ac.uk with your username (e.g. JONA2). Once you have received your confirmation email, you can login using your usual credentials.

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